

Federal Drug-Free Workplace Program Briefing

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Federal Drug-Free Workplace Program
Department of Health and Human Services



Drug-Free Workplace Program Impact



Federal Executive Branch

Approximately 150 Departments and Agencies

Civilian Employees 2 million + Random Testing Positions (Safety/Security /Public Health) 400K+



Department of Transportation

(Federally regulated program that uses DWP's drug testing standards)

Regulated Transportation Industry Employees Tested for Drugs (and Alcohol) 12 million +



Nuclear Regulatory Commission

(Federally regulated program that uses DWP's drug testing standards)

Power Plants 100 Research and Test Reactors 36

DFWP Program Impacts 14 million⁺ employees



Federal Drug-Free Workplace Program

Governing Authorities

Executive Order 12564

Public Law 100-71

Mandatory Guidelines

Guidance Documents

- Model Plan for a Comprehensive Drug-Free Workplace Program
- 2013 Guidance for Selection of Testing Designated Positions



Executive Order 12564

Directed Agency Heads to develop a plan to include:

"The mark of a successful drug-free workplace program also depends on how well the [Agency] can inform its employees of the hazards of drug use, and on how much assistance it can provide drug users."

- Policies/procedures for a drug free workplace
- Employee Assistance Program
- Supervisory Training
- Employee Training
- Self Referrals to Treatment
- Drug Testing Program Sensitive/Voluntary Positions

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Public Law 100-71 and Mandatory Guidelines

- Prohibited spending of appropriated funds for drug testing unless:
 - Agency plan is certified by HHS and reported to Congress
- Required HHS to publish Mandatory Guidelines that:
 - Establish laboratory procedures, technologies, chain of custody
 - Specify drugs for which employees may be tested
 - Establish laboratory certification standards and processes (NLCP)



The Model Plan for a Comprehensive Drug-Free Workplace Program:

- Serves as the basic foundation for the development of all Certified Plans
- Each agency plan is unique Shaped to address unique mission and structure of each agency

2013 Guidance for Selection of Testing Designated Positions:

 Assists in the selection of Testing Designated Positions



Drug Testing Panel

- 1) Cocaine
 - 2) Amphetamines
 - 3) Marijuana
 - 4) Phencyclidine (PCP)

Note: If the Agency desires to add any other drug to its drug testing panel, advance written approval from the Secretary, Department of Health and Human Services is required. However, the Agency may test for any other Schedule I or Schedule II drug on a caseby-case basis.

5) Opioids

- Hydrocodone
- Hydromorphone
- Oxycodone
- Oxymorphone





Three categories:

- Detoxifying Products Drinks or tablets taken before drug test to rid the body of drugs
- Substitution Products Synthetic clean urine used in place donor's urine
- Adulterant Products Liquids, crystals, mouth wash, or gum used to alter donor's specimen so that drugs are no longer detectable



Subversion Product Examples

















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ECLIPSE"

MAXIMUM STRENGTH

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- Licensed Physician M.D. or Doctor of Osteopathy
- Knowledge of pharmacology and toxicology of illicit drugs
- Certified as a Medical Review Officer
- Final say in determining positive drug test result



Marijuana





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- States have passed medical and recreational marijuana initiatives.
- Under the Controlled Substances Act, marijuana continues to be a Schedule I Drug
- Marijuana continues to be tested under the Federal Drug Free Workplace Program.



2018 Agricultural Improvement Act (Farm Bill)

- Farm Bill (signed into law on **Dec. 20, 2018**) removed <u>hemp</u> from definition of marijuana within the Controlled Substances Act (CSA).
- Hemp Any cannabis plant that contains 0.3% or less
 THC by dry weight would be considered hemp



What is Cannabidiol (CBD)?



Clarification of the Problem with CBD Oils

Table 2. Observed Cannabinoid Concentration of 84 Tested Extract Products Sold Online

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	Average Observed Concentration Across Tests, mg/mL	
Cannabinoid	Mean (SD)	Median (Range)
Cannabidiol ^a	30.96 (80.86)	9.45 (0.10-655.27)
Cannabidiolic acid	1.35 (6.74)	0 (0-55.73)
Cannabigerol	0.08 (0.55)	0 (0-4.67)
Cannabinol	0	0
Δ-9-Tetrahydrocannabinol	0.45 (1.18)	0 (0-6.43)
$\Delta\text{-}9\text{-}Tetra hydrocanna bibolic acid}$	0	0

^a The mean labeled concentration for cannabidiol was 36.86 mg/mL (SD, 96.56) and the median was 15.00 mg/mL (range, 1.33-800.0).





DFWP Marijuana Memos

https://www.samhsa.gov/workplace/forms-guidelines

2022 FDA Synthetic Approved Cannabis Derived or Synthetic Cannabis Products Memo

2020 November DFWP Memo on Changes to State Drug Laws

2019 Marijuana, Marijuana Oils, Marijuana Infused Products and Hemp Products

2017 Use of Marijuana Oils/Infused Commercial Products

2017 Marijuana and CBD Oil Memo

2012 New State Initiatives Memo "Recreational Marijuana"

Mandatory Guidelines Update

Urine

Urine Mandatory
Guidelines - Testing for 4
semi-synthetic opioids:

- Hydrocodone
- Hydromorphone
- Oxycodone
- Oxymorphone

Revised Urine
Mandatory Guidelines
published in Federal
Register on January 23,
2017, with an
implementation date of
October 1, 2017.

Oral Fluid

Oral Fluid Mandatory
Guidelines published in
Federal Register on
October 25, 2019, with
an <u>effective date of</u>
January 1, 2020.

Currently – No certified oral fluid drug testing lab(s) under the NLCP

Hair

Hair is being proposed as a specimen for drug testing.

SAMHSA published the proposed Hair Mandatory Guidelines

We are currently responding to public comments.

Common Matrices in Drug Testing

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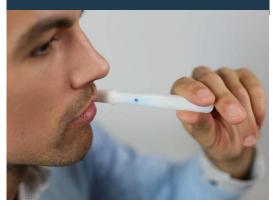
Detection windows vary by drug test type

Urine Drug Testing



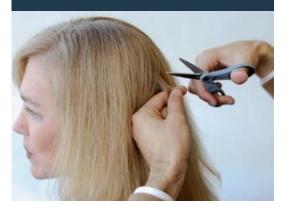
Detects recent use (previous 24-72 hours)

Oral Fluid Drug Testing



Detects recent use (previous 24-48 hours)

Hair Drug Testing



Detects a pattern of repetitive use (up to 90 days, based on testing proximal 1.5" head hair)



DFWP and the Evolving Environment

Emerging Issues - Legislation

- <u>2015 FAST Act</u> required development of Mandatory Guidelines for **Hair testing** while issues of hair color impact and external contamination issues continue to exist
- 2018 Farm bill defined hemp and set a legal limit for THC content
- 2018 Opioids Crisis Response Act addition of four semi-synthetic opioids

Changes in Science and Technology

- Drug testing and specimen collection technology are improving Oral Fluid Mandatory Guidelines, effective January 1, 2020
- Possible addition of **fentanyl and methadone** to standard HHS drug panel

Evolving Environment

- New and novel drug use continues to emerge, e.g., synthetic designer drugs
- Increased public acceptability and availability of marijuana, CBD products, and THC isomers (e.g., delta-8-THC) with inevitable implications for workplace safety/security – e.g., State initiatives to de-schedule marijuana as a Schedule I drug
- Increased demands on the DFWP e.g., COVID-19 return-to-office challenges



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Teleworking

Does an employee have a right to telework?

 No. Telework is not a universal employee benefit or right. Federal law requires agencies to establish telework programs but does not give individual employees a legal right to telework.

Teleworking is not an acceptable deferral to drug testing. All employees are still subject to Drug-Free Workplace Program drug testing.

OPM FAQ -

https://www.opm.gov/FAQs/topic/telework/index.aspx?start=0



Supervisor DFWP Training Module

- Online training module for supervisors.
 - Understand and support Drug-Free Workplace Program
 - Recognize and document workplace issues that may be related to drugs
 - Address all employees (not just TDPs) with possible drugrelated issues and initiate a drug test based on reasonable suspicion
 - Remove employees with drug-related issues from safety sensitive positions and refer them to EAP services
 - Encourage employees who have problems with drugs to voluntarily seek help
 - Continue to supervise employees who have been referred for assistance
 - Reintegrate employees back into workforce



DFWP Resources

Division of Workplace Programs Main Website:

https://www.samhsa.gov/workplace

Executive Order 12564:

http://www.samhsa.gov/sites/default/files/executive order.pdf

Public Law 100-71:

http://www.samhsa.gov/sites/default/files/workplace/public law 100.pdf

Urine Mandatory Guidelines:

https://www.samhsa.gov/sites/default/files/workplace/frn_vol_82_7920_.pdf

Oral Fluid Mandatory Guidelines:

https://www.samhsa.gov/sites/default/files/programs_campaigns/division_workplace_programs/final-mg-oral-fluid.pdf

Model Plan for a Comprehensive Drug-Free Workplace Program:

http://www.samhsa.gov/sites/default/files/workplace/ModelPlan508.pdf

2013 Guidance for Selection of Testing Designated Positions:

https://www.samhsa.gov/sites/default/files/workplace/09-2013-guidance-selection-tdps-2-13-17.pdf

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Services Administration

Drug-Free Workplace Program

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Questions

Boss: You failed your drug test

Me: I had a poppyseed bagel

Boss: Explain the weed & cocaine

Me:

Boss:

Me: It was an everything bagel

