



REGISTRATION IS NOW OPEN!

Click here to register: [DCMA Virtual Health Fair](#)

Monday Aug. 11	10:00 AM EST	UNDERSTANDING HOSPICE CARE – Intelligence Tile
Monday Aug. 11	11:30 AM EST	TRANSPORTATION SECURITY ADMINISTRATION (TSA) - Occupational Tile
Tuesday Aug. 12	10:00 AM EST	SUGAR DETOX EATING RIGHT WHILE DINING OUT – Physical Tile
Tuesday Aug. 12	2:00 PM EST	LET’S DISCUSS THE 5 DIMENSIONS OF STRESS: OCCUPATIONAL – Occupational Tile
Wednesday Aug. 13	10:00 AM EST	LET’S DISCUSS THE 5 DIMENSIONS OF STRESS: EMOTIONAL – Spiritual Tile
Wednesday Aug. 13	2:00 PM EST	LET’S DISCUSS THE 5 DIMENSIONS OF STRESS: PHYSICAL – Physical Tile
Thursday Aug. 14	10:00 AM EST	LET’S DISCUSS THE 5 DIMENSIONS OF STRESS: SOCIAL – Social Tile
Thursday Aug. 14	2:00 PM EST	<i>NAVIGATING THROUGH LOSS OF GRIEF – Physical Tile</i>
Friday Aug. 15	10:00 AM EST	LET’S DISCUSS THE DIMINSIONS OF STRESS INTELLIGENCE – Intelligence Tile
Friday Aug. 15	2:00 PM EST	UNDERSTANDING HOSPICE CARE – Intelligence Tile
ON DEMAND WEBINARS		FEDERAL BENEFITS BEST KEPT SECRETS and SOCIAL SECURITY PLANNING – Social Tile

Contact Tracey Brooks, WorkLife & Wellness/Fitness Coordinator; For questions at caro-len.t.brooks.ctr@mail.mil

DCMA personnel participating are advised the Symposium is conducted on a Non-Government, external-to-DCMA site, by contractor personnel.

WARNING: Do Not Post or otherwise introduce Controlled Unclassified Information (CUI) or, for that matter, classified information to the web-environments in use.

