

CAPABILITY STATEMENT

**Fitness • Wellness • Health Promotion
Solutions for Federal Readiness**

COMPANY DATA

Legal Name: Millennium Health & Fitness, Inc.
Business Size: Small Business
Established: 1993
UEI: L52JKQYM8QA8
CAGE Code: 1JEH3
SAM Registration: Active
Headquarters: 71677 Riverside Drive Covington, LA 70433
Website: www.millenniumhealthandfitness.com

COMPANY OVERVIEW

Millennium Health & Fitness, Inc. is a **Small Business** provider of comprehensive fitness, wellness, and health promotion services supporting federal agencies, military installations, prime contractors, and public-sector organizations. Established in 1993, Millennium delivers scalable, mission-ready solutions that enhance workforce resilience, total well-being, and operational resilience across multiple environments.

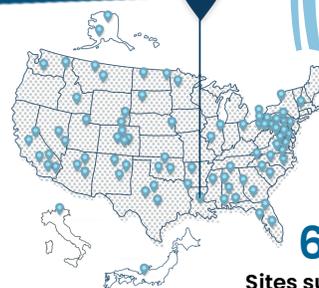
As an experienced prime government contractor, Millennium serves as a turnkey, holistic health, end-to-end wellness partner. We deliver operationally mature, performance-driven fitness, health promotion, and human performance services through flexible delivery models that support federal health and readiness missions nationwide.

PAST PERFORMANCE CUSTOMERS



NAICS CODES

541611 Administrative Management and General Management Consulting Services (Primary)
339920 Sporting and Athletic Goods Manufacturing
513210 Software Publishers
541511 Custom Computer Programming Services
541612 Human Resources Consulting Services
541618 Other Management Consulting Services
541990 All Other Professional, Scientific, and Technical Services
561499 All Other Business Support Services
561990 All Other Support Services
611430 Professional and Management Development Training



60+

Sites supported
worldwide



CORE COMPETENCIES

- Fitness Center Operations and Management
- Health Promotion Program Delivery
- Group Exercise Classes (In-Person and Virtual)
- Strength, Conditioning & Nutrition Coaching
- Sports Officials & Recreation Support Services
- Human Performance Services and Applied Solutions
- Wellness Events, Health Fairs, and Screenings
- Fitness Equipment Maintenance and Support
- Digital Wellness Engagement Platforms, Tools, and Portals
- On-Demand Wellness and Virtual Programming
- Service Contract Act (SCA) Workforce Compliance Support
- Performance Reporting, Analytics, and Optimization

30+
years

supporting the
government
and military

100%
satisfaction

15,000+ US Air Force
CHPS participants
would recommend
our services

100k+
annual
utilizations

at the Combat
Athlete Performance
Center

12.5%
increase in
utilization

driven by our
programming at
Camp Robinson

DIFFERENTIATORS

- Proven experience managing complex wellness, fitness, and health promotion services in federal and military environments
- Scalable staffing, mobilization, and transition support for multi-site program execution
- Integrated, end-to-end approach combining physical fitness, preventive health, recovery, and workforce resilience
- Seamless onsite, virtual, and hybrid delivery through centralized systems and consistent service standards
- Exceptional CONUS and OCONUS contract support
- Deep expertise in SCA labor categories and compliance requirements
- Trusted partner to government customers and prime contractor teams

611620 Sports and Recreation Instruction
611699 All Other Miscellaneous Schools and Instruction
621399 Offices of All Other Miscellaneous Health Practitioners
621999 All Other Miscellaneous Ambulatory Health Care Services
624190 Other Individual and Family Services
711219 Other Spectator Sports
713940 Fitness and Recreational Sports Centers
812990 All Other Personal Services

GSA MAS: GS-03F-021CA
SINS: 713940, 812990



CONTACT INFORMATION

info@millenniumhealthandfitness.com
480-758-5115

**CONNECT
WITH US**

