

WELLNESS PORTAL CAPABILITIES STATEMENT

Millennium's wellness portal "WELL Base" connects a digital participant experience to Millennium's established human-performance and health-promotion capabilities, supporting consistent information and engagement across geographically distributed sites.

WELL Base combines personalized digital tools, data-driven insights, and proven health-promotion expertise to support workforce well-being at scale.

Personal Health and Self-Tracking

- Health assessments with participant-facing results and tailored feedback.
- Self-reported activity and health measures and 3rd party wearable integrations for updated biometrics and trend views.
- Personal profile and a central view of wellness information.

Wellness Content and Engagement

- Our nine Wellness Domains offer curated resources supporting physical health, nutrition, lifestyle, prevention, recovery, and mental well-being.
- Recipe and meal-planning guide.
- Wellness challenges with enrollment and progress tracking; participant announcements and site-relevant information.
- Coaching and direct health professional communications.



WELL Base Platform Administration

- Role-based tools for participant and staff administration, with location aware content and program support for a distributed workforce.
- Announcements and event calendars localized to specified locations.
- Secure, private health data uploads for professional health assessments.
- Advanced analytics and reporting for trend analysis.

Built on MHF Delivery Experience



174,000+

Government employees supported through workforce health programs



80+ installations



**CONNECT
WITH US**

**EMPOWERING HEALTHIER WORKFORCES
THROUGH PERSONALIZED TECHNOLOGY AND
PROVEN WELLNESS EXPERTISE**